

	One-on-One Call	Subscription Access	Unlimited Access
Overview	This option offers support “as needed” to parents/caregivers by a Postpartum RN (PP RN).	<p>This option offers support to families needing ongoing weekly access to a PP RN for an extended period of time.</p> <p>There are two subscription options that offer a weekly check-in via text by PP RN and scheduled call(s) with a predetermined agenda to address needs and concerns unique to the postpartum period.</p> <p>*Minimum 3 month subscription required. Upgrade or downgrade available after first 3 months.</p>	<p>This option is great for families needing unlimited access for a designated amount of time. Calls, texts, and emails will be answered by a PP RN day or night 24/7. Daily check-ins via text by PP RN are included - can be escalated to phone call as needed.</p> <p><i>*Space is limited. We take 4 Unlimited Access clients/month.</i></p>
What’s Included	<p>Calls are scheduled and concerns are addressed based on the information you provide on our Bundle Birth intake.</p> <p><i>*Priority scheduling given to Unlimited Access clients</i></p>	<p>Option 1: One weekly scheduled phone call.</p> <p>Option 2: Two weekly scheduled phone calls.</p> <p><i>*Priority scheduling given to Unlimited Access clients</i></p>	<p>Unlimited 24 hr phone/text/virtual support for the time frame selected. If you have a question or concern, call us! If you want to schedule a call, we can do this too! We will also check-in daily via text to make sure you’re taken care of.</p> <p><i>*You also receive priority scheduling.</i></p>
Postpartum Support	<p>Services include (<i>but are not limited to</i>):</p> <ul style="list-style-type: none"> • Comprehensive assessments and expert guidance for: <ul style="list-style-type: none"> • Sleep • Mental health* • Relationship support • Healthy vs abnormal healing of mom and/or baby • Healthy vs abnormal infant development • Breastfeeding • Nursery set up • Essential baby care product guidance • Healthcare team liaison • Expert referral resource guidance 	<p>All assessments and resources provided during call will be made available as digital copies via email after the call.</p> <p><i>*Follow up calls and referrals (as needed) will be provided for those clients experiencing mental health issues.</i></p>	
Price <i>*full balance paid at time of booking unless specified</i>	\$125/hr	<p>Option 1: \$300/month or Option 2: \$575/month</p> <p>First month paid at time of booking then monthly until you cancel the subscription.</p>	<p>\$460/week or \$1800/month</p> <p><i>*Must specify preferred option at time of booking, will guarantee service.</i></p>
Extra Resources Included	Sample PDF of Bundle Birth’s “What to Expect During the First 8 weeks” Guide - applicable to your week of postpartum	Bundle Birth “What to Expect During the first 8 Weeks” Guide including our Postpartum Log Book for the duration of service	<p>Online Infant Safety and CPR Class</p> <p>Bundle Birth’s “What to Expect the first 8 weeks”</p> <p>Bundle Birth Logbook, additional resources as needed based on family needs</p>
Extra Perks	Ability to provide in-person care if in Los Angeles area (discussed separately) - Click HERE for In-Person Packages		

Interested? Contact postpartum@bundlebirth.com to schedule your FREE consultation!!