

# BUNDLE BIRTH PLANNED PREGNANCY Packages Comparison

	Basic Bundle	Big Bundle	VIP Bundle	Planned Cesarean Bundle
<b>Pre-birth</b>	Free Consultation 1 prenatal visit Phone/text support throughout	Free Consultation 2 prenatal visits (coaching sessions)	Free Consultation Unlimited prenatal visits (rec 4-7)	Free Consultation 1 prenatal visit
<b>Education</b>	A-la-carte	Access to Online Labor Prep & Medical Interventions/Cesarean Classes	Online Childbirth, Birth Refresher or VBAC Class Online Coping with Labor Class Online The After Birth Plan Class	Private or Virtual Cesarean Birth Class
<b>Back-up doula</b>	Used if other clients in labor	Second priority for use of backup	First priority access, least likely to use back-up doula	Used in the event that at another birth
<b>Coaching</b>	Prenatal Visit	2 Condensed Sessions	Full Coaching Workbook (8 sessions)	Prenatal Visit
<b>Extra Resources</b>	Birth Plan Packing List MMHNow Healthy Pregnancy Tips 37 week protocol	All of the Basic Bundle handouts listed PLUS Stages of Labor Cheat Positions for Laboring Ways to Avoid Cesarean Complementary Medicine	All of the other handouts listed PLUS Baby Registry Rights of a Childbearing Woman Milestone guide Book Recommendation list Safe Sleep	Cesarean Birth Plan Packing List MMHNow Healthy Pregnancy Tips Rights of Childbearing Tips for your Cesarean
<b>Products</b>	None	Birth Ball	Big Bundle + Rebozo Essential Oil Peri Spray 3 Labor Essential Oils doTERRA Personalized Birth Affirmation	None
<b>Birth Support</b>	On-call at 38 weeks until birth Present for birth	On-call at 38 weeks until birth Present for birth	On-call at 38 weeks until birth Present for birth	Present from admission to transfer to postpartum unit
<b>Virtual vs In-Person</b>	In-person	In-Person (option of virtual)	In-person (option of virtual)	In-person (option of virtual)
<b>Postpartum Support</b>	Phone/text Support with Referrals	+ 1 Postpartum Visit	+ Follow-up assessment at 3-6 days postpartum by Bundle Birth's Postpartum RN	1 Postpartum Visit Phone/text Support
<b>Extra Perks</b>	10% off follow-up visits with Goldilacts (doesn't include initial consult)	10% off follow-up visits with Goldilacts (doesn't include initial consult)	Initial breastfeeding consultation with Goldilacts 10% off follow-up visits with Goldilacts 1-hr session with Alyssa Berlin, perinatal psychologist (session 5) 1-hr baby registry review session -Bump Bestie	10% off follow-up visits with Goldilacts (doesn't include initial consult)
<b>Non-Refundable Deposit</b>	\$750	\$1000	\$2000	\$500
<b>Price</b>	\$3500	\$4200	\$6200	\$2000